

RACHEL STRICKLAND

COACH, SPEAKER, PERFORMANCE ARTIST, AND CHOREOGRAPHER

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CV 2021

Professional Experience:

Speaking, Coaching, Choreography, and Performance

The Audacity Project 2017-present: Founder, Director

8-week online mentorship course in professional development for working artists

Aerial Dance Festival presented by Frequent Fliers 2020: virtual summit

Speaker/Presenter on Imposter Syndrome and reclaiming your future as an artist

React RISE Mentorship Course for performance artists 2018-present Auckland, New Zealand

Guest Lecturer in Professional Development for artists

Artistic mentor

Piccolo Spoleto Festival 2019 Charleston SC

Guest speaker / storyteller, The Best of "Truth Is..."

Edisto Women's Club 2019 Edisto Island SC

Guest speaker "Do What You Want"

King's Daughters 2019 Edisto Island SC

Guest speaker "Courage"

Irish Aerial Dance Festival 2011-2019 Letterkenny, Co. Donegal

Guest artist and aerial hoop instructor / intermediate through professional

Solo and group choreographer

Irish Aerial Creation Centre's: Creative Intensive 2016-2018 Limerick, Co. Limerick

Artistic mentor, coach

Aerial hoop, corde lisse, fabric, single point trapeze

Brain's Biceps Bliss 2019: 10-day aerial arts retreat in Krabi Beach, Thailand hosted by Dances in Air LLC

Guest artist, artistic mentor, coach

Aerial hoop, spin theory, artistic process

In collaboration with Dr. Jen Crane and Shannon McKenna

Kinetic Arts Productions Oakland, CA- a disobedient circus

Aerial performer, choreographer, *Salvage* 2015

Choreographer, *Inversion* 2016

Circus Automatic San Francisco, CA- experimental circus and storytelling
Soloist, *Raised by Wolves* 2015
Soloist, Corps, *Into the Mouth of the Wolf* 2016
Soloist, duo aerial loops, *The Boy Who Died Wolf* 2017

Fidget Feet Aerial Dance 2011-2013 Ireland
Aerial performer: *Rite of Spring* Cavan, IE
Aerial performer, actress: *A Fairy's Tale*, Middleton, IE
Choreographer: *The Elves and the Shoemaker*

Artist Residency at Supperclub San Francisco
Resident artist and performer: Feb-March 2014
Guest artist Supperclub LA 2012

Natural Wings Aerial Dance 2012-2014 Australia / Canada
Performer, choreographer: *Candy Girls*
IGA Perth Royal Show 2012
Perth Fringe Festival 2013
Performer, choreographer: *Elements*
Toronto Busker's Festival 2013, **Awarded People's Choice**
Port Credit Busker's Festival 2013
Choreographer, guest director: *Tandem* 2014

New Orleans Fringe Festival
Performer, choreographer: *domestic variations* 2011 with **tictock aerial dance**
Awarded "Best of the Fest" by the Nola Defender
Writer, director, performer: *Icarus* 2013 self produced,
Awarded "Best Bet" by Southern Glossary

Resident Aerialist: The Pink Door 2009-2012
Weekly performances in Seattle, WA

Emerald City Trapeze Arts 2009-2012 Aerial performer, choreographer, coach
Director, *Carnevolar iv: The Haunting* 2013
Guest artist, *Carnevolar viii: Phobia* 2017

Bellevue Arts Museum Bellevue, WA 2011
Commissioned full length aerial theatre show
Director, choreographer, performer

Moisture Festival Seattle, WA
2010 soloist
2011 soloist, corps "Moistettes"

QUEENSRÿCHE Cabaret National tour - July-October 2010

Aerial fabric soloist
Aerial hoop soloist
Pointe soloist
Guest artist 2014 The Triple Door Seattle WA

Commercial for Xbox - Twisted Pixel's Comic Jumper - September 2010

Stunt actress

Star Angels - The Show Tulalip Casino WA, May 2010

Dancer, vocalist

The Vau de Vire Society 2007-2009 company member

The Moscova Affair - National Tour presented by Stoli - August-October 2009
Pointe soloist, corps dancer, pole acrobat
Outside Lands Festival 2009 ~corps
Edwardian Ball 2009 ~corps and pointe soloist
Storytime Festival 2008 ~corps
Guest choreographer *The Soiled Dove* 2016

Nekyia Dance 2007-2009 company member

Scorpio Showgrrrl Sublime 2007 soloist, corps

Training and Education

University of North Carolina at Asheville 2005

BA in Literature and Creative Writing / Minor in Dance

City College of San Francisco 2014-15

Studied Medical Chemistry, Anatomy and Physiology, Nutrition, Zoology

Aerial acrobatics: 2007-present

Specializing in solo aerial hoop, aerial fabric, duo aerial loops/lyra, and flexibility acrobatics
Circus Center (San Francisco, CA) Kerri Kresinski, Chloe Axelrod 2007-2009
Emerald City Trapeze Arts (Seattle, WA) autodidactic residency 2009-2012

Classical ballet: 15 years

Royal Academy of England and Cecchetti methods
Company member of the Union County Youth Ballet for seven seasons (Monroe, NC)

Modern dance: 5 years

University of North Carolina at Asheville under Connie Schrader according to the methods of
Martha Graham, Merce Cunningham, and others (Asheville, NC)

Bellydance: 2 years

Egyptian, Fusion, ATS

Onca O' Leary of Baraka Mundi (Asheville, NC)

Kristina Nekyia of Nekyia Dance (CA)

Ballroom/Partnering Dance- Lindy Hop and Blues, one season at Herrang Dance Camp

Frankie Manning and others (Herrang, Sweden)

Rewards and Publication

- Featured in *Authority Magazine* and *Thrive Global* 2020
- Awarded People's Choice Award, Toronto Busker's Festival, 2013
Elements performer and choreographer with Natural Wings Aerial Dance (Perth, W. Australia)
- Awarded "Best Bet" by Southern Glossary Magazine for 2013 New Orleans Fringe Festival for *Icarus* full length aerial theater show (writer, director, performer)
- Awarded RAW Performing Artist of the Year, Seattle 2013 aerial sling duet
- Two poems published in *Headwater's Magazine*, UNCA 2003, 2005
- Awarded \$4,500 in scholarships for essay composition 2000